

Carsington Hill Race Final Details



Thank you for entering the second Carsington Hill Race. See you all tonight. There are a few things to remind you of.

The race is run under Fell Runners Association rules. There are no water stations on the route and you are expected to be self reliant. However the route is even better signposted than last year with more marshals on the course. I will be very surprised if you get lost (that is not a challenge).

Given the weather forecast and the nature of the route there will be no strict requirement for carrying FRA-defined kit. However it is your responsibility to carry what kit you deem necessary.

The start has changed slightly and will now be on School Lane across the green from the church and close to the pub.

There is a toilet at the event centre in the church and in the school field (half way from the car park to the church). If you are caught short at the start line then the pub has kindly agreed to let you use their toilet if necessary.

If you retire you **must** report to the event centre at St Margaret's Church Carsington Village

Route map and car park location are available through this link.

<https://carsingtonhillrace.wordpress.com/2024/05/21/carsington-hill-race/>

Car park location what 3 words is decking.handed.pardon
OS grid reference is SK 24899 52993
Latlong is 53.07361 -1.62981

FRA runners rules can be found here:

<https://files.fellrunner.org.uk/documents/2025/fra-requirements-for-runners-2025.pdf>